



Special Olympics Ohio

Softball Manual

All SOOH Softball Games and Tournaments should run according to Amateur Softball Association (ASA) Rules except when there is a conflict with the Official Special Olympics Sports Rules or when SOOH Adaptive Rules are employed.

OFFICIAL EVENTS

Special Olympics Ohio provides a range of events to offer athletes of varying abilities the opportunity to compete. The following is a list of official events available in Special Olympics Ohio and the division criteria within those events.

The SOOH Softball season runs July through September. The State Tournament is held each year in early September. Teams must qualify for the State Tournament by placing 1st in an Approved Regional Qualifying Tournament, which are held in August. Individual Skills athletes must qualify for State Individual Skills competition by participating in an approved Regional qualifying skills competition.

Individual Skills Competition

Coach Pitch Team Competition

Division 1

Slow Pitch Team Competition

Division 1

Division 2

Division 3

Unified Sports Slow Pitch Team Competition

Division 1

THE FIELD

1. The softball diamond shall have 65 feet baselines (19.81m) for male divisions and 60 feet baselines (18.29m) for female divisions. The pitching distance will be 50 feet (14.02m) for both males and females.
2. A 16 ft. diameter circle around the pitcher's rubber will be added to the infield for coach pitch competition.
3. The double base is approved for use at the first base. Half the base is secured in fair territory, and half the base (of a different solid contrasting color) is secured in foul territory.

Special Olympics Ohio

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- a. A batted ball hitting the fair portion is declared fair, and a batted ball hitting the foul portion only is declared foul.
- b. If a play is made at first base on any batted ball, and the batter-runner touches only the fair portion, and if the defense appeals prior to the batter-runner returning to first base, the batter-runner is out. Note: This is treated the same as missing the base.
- c. A defensive player must use only the fair portion of the base at all times.
- d. After the batter-runner passes first base, they may return to either portion of the double base and may stand on either portion for the beginning of subsequent plays. When tagging up on a fly ball, either portion of the base may be used.

Baserunner's (Second) Home Plate

1. All competition should use the Baserunner's (second) home plate. The second home plate should be located in foul territory from the back tip of the regulation home plate.
 - a. The second home plate should be located in foul territory 2.43m (8 ft.) from the back tip of the regulation home plate extended from the third base foul line, still measuring 65 feet from third base to home plate. The Commitment Line should begin 6.09m (20 ft.) up the third base line from the tip of home plate and marked through the baserunner's line a minimum of .9m (3 ft.).
 - b. The specific diagram for placement of the second home plate can be found in the **Sport Essentials Softball Rule Book**.
2. Once a baserunner passes the commitment line defensive players can touch only the regulation home plate and baserunners can only touch the second home plate. Runners must touch the second home plate to be declared safe at home and score a run. All plays at home plate are force outs.
3. A baserunner may not be tagged out after crossing the commitment line. They may be tagged before crossing the line.
4. A baserunner who touches or crosses the regulation home plate shall be declared out (the ball remains live). Baserunners may only touch the second home plate for their run to count.

INDIVIDUAL SKILLS COMPETITION

1. The Individual Skills Competition is composed of four events: Base Running, Throwing, Fielding and Hitting.
2. The athlete's final score is determined by adding together the scores achieved in each of these four events.
3. Athletes will be pre-divisioned according to their total scores from these four events.

Base Running

Equipment: Three bases, home plate, stopwatch.

Purpose: To measure the athlete's base-running ability.



Description: Bases are set up like a baseball diamond and positioned 19.81 meters (65 feet) apart. The athlete is instructed to start on home plate, and run around the bases as fast as possible, touching each base in route.

Scoring: The time starts when the athlete leaves home plate and stops when the athlete returns to home plate after circling the bases. The time elapsed in seconds is subtracted from 60 to determine the point score. A penalty of five seconds for each base missed or touched in improper order shall be assessed. The best score of two trials is recorded.

Throwing

Equipment: Regulation field, two measuring tapes, softballs, two small cones or marking stakes

Purpose: To measure the athlete's ability in throwing for distance and accuracy.

Description: The player being tested stands behind the restraining line, back far enough to take one or more steps in preparation for throwing. The player has two trials to throw the softball as far and as straight as possible down the throwing line, without stepping over the restraining line. Coaches, assistants or other waiting players should be positioned in the field to indicate, using a cone or marking stake, the spot where each ball first touches the ground. The better of the two throws is measured and recorded as the player's score. If a player steps on or over the line before releasing the ball, the trial must be repeated. There will be a maximum of two repeats.

Scoring: The net throwing score equals the throwing distance, measured at a point on the throwing line straight across from (perpendicular to) the spot where the ball landed, minus the error distance, the number of meters the ball landed off target, away from the throwing line. The player's score is the better of the two throws. Both error scores and distance are measured to the nearest meter; for example, if a ball lands even with (perpendicular to) the 50-meter point on the measuring tape, but is 6 meters off to one side, the player's score is 44 points (Distance thrown [50] minus number of meters off target [6] results in a net score of 44 meters). Athletes score one point per meter; for example, 44 meters equals 44 points. If the score falls between meters, the score should be rounded down; for example, 44.73 equals 44 points

Fielding

Equipment: 30.5-centimeter (12-inch) softballs, measuring tape, chalk/line, cones.

Purpose: To measure athlete's fielding ability.

Description: The athlete will stand between and behind the two cones. The official must throw the ball on the ground to the athlete, between the cones. The throw to the athlete must hit the ground before the 6.10- meter (20-inch) chalk mark. The athlete may move aggressively toward the ball. If the thrown ball is outside of the cones, the throw must be repeated. Each athlete gets five fielding attempts per trial. Each athlete receives two trials.



Scoring: The athlete receives five points for a clearly fielded ball (either caught in glove or trapped against the body, but off the ground); two points for a ball that is blocked; zero points for a missed attempt, for a maximum score of 50

Hitting

Equipment — Batting tee, 30.5-centimeter (12-inch) red-stitch restricted-flight softballs, bat, measuring tape and chalk.

Purpose — To measure the athlete’s ability to hit for distance when hitting off a batting tee.

Description — Standing in a regulation-size batter’s box (i.e., 2.31 meters [7 feet, 7 inches] by 99 centimeters [3 feet, 3 inches]), the athlete is instructed to hit the ball off the tee. The athlete receives three attempts.

Scoring— The distance of the longest hit shall determine the athlete’s final score. The distance of a hit is measured from the batting tee to the point where the ball first touches the ground. The distance is measured to the nearest meter; for example, one meter equals one point; 46 meters equals 46 points. If the score falls between meters, scores should be rounded down; for example, 46.73 equals 46 points. A player’s final score is determined by adding together the scores achieved in each of the four events which comprise the Individual Skills Competition.

EQUIPMENT:

1. The catcher must wear a facemask, **helmet**, and chest protector.
2. All batters and base runners must wear a tight fitting batter’s helmet. Chinstraps on batter’s helmets are optional.
3. A 30.5 cm. (12 inch) YELLOW, red stitched ball shall be used.
4. Bats should be marked by the manufacturer in a easily visible way such as, “OFFICIAL WBSC or NGB APPROVED SOFTBALL” or other notification as may be selected and approved by the ISF Equipment Standards Commission or NGB Standards.
 - a. Aluminum and/or wooden bats are used and must have “Official Softball” printed on them and they must have taped or rubber covered handles at least 6 inches and no more than 15 inches long. These bats must also not have any dents, dings, or signs or excessive wear.
5. No metal cleats are allowed in any division at any level of play.
6. All players on a team should wear the same style and color shirts with numbers on the back for identification purposes. Numbers are not required on the front of the uniforms.
 - a. Teams **MUST** wear matching uniforms. T-shirts or jerseys **MUST** be of the same color with numbers on the back of the shirts. Members of the team may wear shorts, softball pants or sweats. All players do **NOT** have to wear the same kind of pant, but **MUST** be of the same color.
7. All player pants shall be either all long or all short in style.



8. Players may wear a uniform, solid colored undershirt. It is not mandatory that all players wear an undershirt but if one player wear one, those that are worn must be alike.
9. Caps, visors, and headbands are optional for players but can be mixed. If more than one type is worn they all must be same color and each of the same type must be of the same color and style. Plastic or Hard visors are not allowed.
10. Players will NOT be allowed to play in blue jean shorts or pants. Nor will they be allowed to wear hard soled shoes (unless for orthopedic purposes).
11. No jewelry items, other than medical alert bracelets or necklaces may be worn. Medical alert bracelets and/or necklaces are not considered jewelry, but if worn, they must be taped to the body.

GENEREAL TEAM RULES

1. At SOOH State Tournament, there will be a 10 minute grace period for any team who is not ready to play at game time. Failure to meet the 10 minute grace period will result in a forfeit.
2. A coin toss prior to the start of the game will determine the choice of home team. The team winning the toss may elect to bat first or take the field first.
3. A regulation game shall consist of seven innings. The game will be considered complete if after four full innings of play one team leads the other by 20 runs after 3 innings, 15 runs after 4 innings or 10 runs after 5 innings. The game shall last no longer than 75 minutes for Regional or Local Competition and 90 minutes for State Competition. No new inning will start after 90 minutes for State Tournament.
 - a. Tie Breaker: Starting with the top of the eighth inning or after the time limit has expired, and each half inning thereafter, the offensive team shall begin its turn at bat with the player who is scheduled to bat last in that respective half-inning being placed on second base. The player who is running can be substituted in accordance with the substitution rules.
4. There is NO sliding into home plate.

COACH PITCH GENERAL RULES

- a. Coach Pitch division has been created to replace the traditional division 4. The only difference between Coach Pitch and Division 4 is the use of a Coach Pitcher.
 - i. Due to safety considerations, Teams who are entered in the coach pitch division but do not have the appropriate skills will be moved to their proper traditional division.
- b. The coach-pitcher will pitch only to players on his/her team. A Special Olympics athlete should be in the defensive pitcher position with the 16-ft diameter circle.
 - i. The coach-pitcher will not be able to coach base runners.
 - ii. From the pitcher's position on the field, he/she will NOT be allowed to instruct the batter where to stand in the batter's box.
 - iii. The Coach-Pitcher will NOT be allowed visits to home plate to place batters.



- iv. The Coach-Pitcher must obey the arc and distance rules as described in the Special Olympics International rule book.
- v. Once the ball is hit or there is a play in progress, the Coach Pitcher may NOT have any more verbal contact with the player.
- vi. Coach-pitchers must wear the same color shirt or jersey as athletes. They may not wear blue jean shorts or pants. Flip Flops and sandals are not permitted.
- vii. The Coach-Pitcher can NOT walk a batter. A batter will be entitled to three swinging strikes (3rd swinging strike would be an out) or 6 pitches and two foul balls in the same at bat before being called out on a strike out.
- viii. Coach-Pitchers will not be required to pitch from the pitching rubber. However, Coach-Pitchers must stay within the dimensions of the pitching circle when pitching the ball.

NOTE: The Coach-Pitcher position was added to assist the lower level teams become more successful at the offensive end of the game. The philosophy is that the Coach- Pitcher is someone who will work with the players offensively at practices and therefore will know the particulars for each batter. The Coach- Pitcher should be a coach familiar with the team and the players familiar with his/her pitching.

- ix. The COACH-PITCHER is required to be a member of the Official Roster of the team that he/she is pitching for. The individual must be at least 16 years of age and an approved Special Olympics Volunteer.
 - x. CLARIFICATION of the Coach-Pitcher Rule:
 1. If a hit ball hits, touches or is caught by the coach-pitcher, the play is ruled dead. This means that:
 - a. The batter will return to the plate to continue the at-bat. The pitch count will remain the same as it was before the pitch that hit the coach-pitcher.
 - b. All base runners will return to the last base occupied.
5. A team shall consist of players in the following positions:
- a. Ten players: pitcher (F1), catcher (F2), first baseman (F3), second baseman (F4), third baseman (F5), shortstop (F6), left fielder (F7), left center fielder (F8), right fielder (F9) and right center fielder
 - b. With Extra Player (EP). Eleven players: same as slow pitch plus an EP who bats in the line-up.
6. Short-Hand Rule: A game may begin or end with 1 less player than the required number, which is 9 for traditional or coach pitch divisions and 8 for Unified divisions.
7. A line up must be provided to the home plate umpire at least 10 prior to game time.
8. All substitutes should be listed on the line up as a substitute.
9. The following positions must be filled to start a game:
- a. Pitcher
 - b. Catcher



- c. First Baseman
- d. Second Baseman
- e. Third Baseman
- f. Short Stop
- g. Three Outfielders (must play a minimum of 3 meters behind infielders.)

If a team starts the game with a least ten players, the additional defensive position will be a fourth outfielder.

10. A team may utilize the optional extra player (EP) in its line-up. If a team begins the game with 11, the EP, then they may finish the game with 10. As always, you must report these changes to the Official Scorebook keeper.
11. If a team begins a game with only 9 players, the vacant position must be listed last on the line-up card. An out will be taken in the vacant position each time the “missing player” comes up to bat.
12. At no time may a team play with only 8 players (meaning 2 fewer than normal). This is true even if a player becomes incapacitated and cannot continue. The team will have to forfeit.

UNIFIED TEAM RULES

An overall roster shall contain proportionate numbers of athletes with developmental disabilities (Special Olympics athletes) and teammates without developmental disabilities (partners).

1. A unified softball team consists of 5 Special Olympics athletes and 5 partners (6 athletes and 6 partners if the EP is used). However, a team can only have a maximum of 5 athletes and/or 5 partners in the lineup. Failure to adhere to required team composition during competition results in a forfeit.
 - a. May play with a minimum of 4 athletes and 4 partners.
2. The batting order shall be an alternation of athletes and partners.
3. During competition, the position requirements are as follows: two athletes and two partners in both the infield and outfield, and one athlete as pitcher or catcher.
4. When a “Replacement Player” is used, the player must be of the same designation (athlete/partner) as the injured and bleeding player
5. The coach may not be on the team roster. The non-playing coach must sign and submit the lineup. The coach must be on the bench or in the coaching box during the game. The coach is the only team representative that can address the umpire or scorer.
6. A limit of over-the-fence home runs will be used in all Unified divisions. The following limitations are per team per game: Two (2)
 - a. Both athlete and partner home runs count toward the Unified limit.